

Bashas'

**Health
Styles**



9am–12:30pm
at these store locations:

LAB AND FLU 2021

Wednesday, September 1

AJ's: Central & Camelback, PHOENIX

Friday, September 3

Food City: Arizona Ave & Ray Rd, CHANDLER

Saturday, September 4

Bashas': 32nd St & Shea Blvd, PHOENIX

Monday, September 6

AJ's: Lone Mountain & Scottsdale Rd, SCOTTSDALE

Bashas': Verrado Way & Main St, BUCKEYE

Tuesday, September 7

AJ's: 56th St & Ray Rd, CHANDLER

Thursday, September 9

Food City: Baseline & Hardy, TEMPE

Friday, September 10

AJ's: Baseline & Val Vista, MESA

Tuesday, September 14

AJ's: Frank Lloyd Wright Blvd & Thompson Peak Pkwy,
SCOTTSDALE

Friday, September 17

Food City: Dysart & Van Buren, AVONDALE

Saturday, September 18

AJ's: Skyline & Campbell, TUCSON

Monday, September 20

AJ's: 67th Ave & Beardsley, GLENDALE

Bashas': Mesa Dr & Brown, MESA

Wednesday, September 22

AJ's: 44th St & Camelback, PHOENIX

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AJ's: 44th St & Camelback, PHOENIX

FLU (Quadrivalent) \$45

Seasonal flu vaccine which protects against four flu strains (2A and 2B).

PNEUMONIA \$140

Helps protect long term, depending on risk, against 23 types of bacterial pneumonia, deadly blood infections, and meningitis.

Both vaccines are covered by:

- Medicare B
- BLUE CROSS BLUE SHIELD OF ARIZONA
Excluding Medicare supplement customers.
An Independent Licensee of the Blue Cross Blue Shield Association.

FREE Flu Shots (Quadrivalent) for State of AZ Employees!

Available for benefit eligible state employees. The Flu shots are also free for spouses, dependents (age 4+) and retirees with Benefit Options coverage. You must show proof of employment or a Benefit Options insurance card and must know your:
Employee Identification Number (EIN).

No appointment necessary.
Make sure shirt/dress sleeves can be rolled up to the shoulder.

You should not receive either vaccine if you:

- Have ever had a serious allergic reaction to eggs or to either vaccine
- Have a fever, acute respiratory or other active infection or illness
- Have a history of Guillain-Barre Syndrome (a severe, paralytic illness)

NOTE: Immunizations for persons age 4 and over. Pricing, vaccine availability, and health insurance coverage subject to change.

Healthwaves

1615 W University Dr, Suite 137 > Tempe, AZ 85281

www.healthwaves.com | 480.968.1886

9am–12:30pm at these store locations:

Thursday, September 23

Bashas': McDonald & Granite Reef, SCOTTSDALE

Monday, September 27

Bashas': 650 Finnie Flats Rd, CAMP VERDE

Tuesday, September 28

Bashas': 36889 N Tom Darlington Dr, CAREFREE

Thursday, September 30

Food City: Florence St & 2nd St, CASA GRANDE

Friday, October 1

Bashas': Mesa Dr & Brown, MESA

Monday, October 4

Bashas': 32nd St & Shea Blvd, PHOENIX

Food City: Dysart & Van Buren, AVONDALE

Friday, October 8

Bashas': 142 Hwy 260, PAYSON

Saturday, October 9

Food City: Baseline & Central, PHOENIX

Thursday, October 14

AJ's: Pima & Legacy, SCOTTSDALE

Saturday, October 16

Food City: Dorsey Ln & Apache, TEMPE

Bashas': 2700 S Woodlands Village Blvd, FLAGSTAFF

Monday, October 18

Bashas': 32nd St & Shea Blvd, PHOENIX

Tuesday, October 19

Food City: Arizona Ave & Ray Rd, CHANDLER

Monday, October 25

Bashas': 650 Finnie Flats Rd, CAMP VERDE

Food City: Hardy & Baseline, TEMPE

Tuesday, October 26

Food City: 51st Ave & McDowell Rd PHOENIX

Wednesday, October 27

AJ's: 67th Ave & Beardsley, GLENDALE

Friday, October 29

AJ's: Central & Camelback, PHOENIX

AJ's: Baseline & Val Vista, MESA

Saturday, October 30

Food City: Country Club & 22nd, TUCSON

Tuesday, November 2

Food City: 1501 Arizona 89A, COTTONWOOD

Wednesday, November 3

Food City: Florence St & 2nd St, CASA GRANDE

Monday, November 8

AJ's: Central & Camelback PHOENIX

Wednesday, November 10

AJ's: 56th St & Ray Rd, CHANDLER

Thursday, November 11

Bashas': Mesa Dr & Brown, MESA

AJ's: 44th St & Camelback, PHOENIX

Friday, November 12

AJ's: 67th Ave & Beardsley, GLENDALE

Food City: Scottsdale Rd & McKellips, TEMPE

Saturday, November 13

AJ's: Lone Mountain & Scottsdale Rd, SCOTTSDALE

Wednesday, November 17

AJ's: Baseline & Val Vista, MESA

Thursday, November 18

Food City: Dysart & Van Buren, AVONDALE

Saturday, November 20

Bashas': 32nd St & Shea Blvd, PHOENIX

Monday, November 22

Bashas': 650 Finnie Flats Rd, CAMP VERDE

Saturday, November 27

AJ's: Pima & Pinnacle Peak, SCOTTSDALE

Monday, November 29

Food City: Dorsey Ln & Apache, TEMPE

Bashas': McDonald & Granite Reef, SCOTTSDALE

Tuesday, November 30

Bashas': Verrado Way & Main St, BUCKEYE

AJ's: Skyline & Campbell, TUCSON

Wednesday, December 1

Bashas': 36889 N Tom Darlington Dr, CAREFREE

Friday, December 3

Food City: Arizona Ave & Ray Rd, CHANDLER

9am–12:30pm at these store locations:

Saturday, December 4

Bashas': 32nd St & Shea Blvd, PHOENIX

Monday, December 6

Bashas': Granite Reef Rd & McDonald Dr, SCOTTSDALE

Food City: Bethany Home Rd & 27th Ave, PHOENIX

Tuesday, December 7

Food City: Hardy & Baseline, TEMPE

Friday, December 10

Bashas': 650 Finnie Flats Rd, CAMP VERDE

Saturday, December 11

Food City: 51st Ave & McDowell Rd PHOENIX

Monday, December 13

Bashas': 32nd St & Shea Blvd, PHOENIX

Tuesday, December 14

AJ's: Pima & Pinnacle Peak, SCOTTSDALE

Thursday, December 16

Food City: Dysart & Van Buren, AVONDALE

Friday, December 17

AJ's: Baseline & Val Vista, MESA

Saturday, December 18

AJ's: Frank Lloyd Wright Blvd & Thompson Peak Pkwy,
SCOTTSDALE

Tuesday, December 21

Bashas': 2700 S Woodlands Village Blvd, FLAGSTAFF

Wednesday, December 22

AJ's: 67th Ave & Beardsley, GLENDALE

Monday, December 27

AJ's: Ray Rd & 56th St CHANDLER

